

# MAY 2024



**VALOR**  
SOUTH AUSTIN

**MON TUE WED THU FRI**

		<p><b>1</b></p> <p>Pancake &amp; Egg 100% Apple Juice Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk</p>	<p><b>2</b></p> <p>Cinnamon Swirl 100% Orange Juice Mandarin Oranges 1% White Milk Fat Free Chocolate Milk</p>	<p><b>3</b></p> <p>French Toast Sticks 100% Orange Juice Fresh Apple 1% White Milk Fat Free Chocolate Milk</p>
<p><b>6</b></p> <p>Honey Bun, Whole Grain 100% Apple Juice Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk</p>	<p><b>7</b></p> <p>Strawberry Cream Cheese Bagel 100% Apple Juice Fresh Orange 1% White Milk Fat Free Chocolate Milk</p>	<p><b>8</b></p> <p>Blueberry Mini Muffin 100% Orange Juice Fresh Apple 1% White Milk Fat Free Chocolate Milk</p>	<p><b>9</b></p> <p>Pancake Wrap Rice Krispies Cereal 100% Apple Juice Fresh Banana 1% White Milk Fat Free Chocolate Milk</p>	<p><b>10</b></p> <p>Cinnamon Swirl 100% Orange Juice Craisins, Cherry 1% White Milk Fat Free Chocolate Milk</p>
<p><b>13</b></p> <p>French Toast Sticks 100% Orange Juice Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk</p>	<p><b>14</b></p> <p>Concha Pan Dulce 100% Apple Juice Fresh Orange 1% White Milk Fat Free Chocolate Milk</p>	<p><b>15</b></p> <p>Apple Cinnamon Muffin Top 100% Apple Juice Fresh Apple 1% White Milk Fat Free Chocolate Milk</p>	<p><b>16</b></p> <p>Pop Tart, Frosted Fudge Apple Juice, 100% Fresh Banana 1% White Milk Fat Free Chocolate Milk</p>	<p><b>17</b></p> <p>Waffles, Mini Bites 100% Apple Juice Craisins, Cherry 1% White Milk Fat Free Chocolate Milk</p>
<p><b>20</b></p> <p>Double Chocolate Chip Mini Muffin 100% Orange Juice Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk</p>	<p><b>21</b></p> <p>Froot Loops Bowl 100% Apple Juice Fresh Orange 1% White Milk Fat Free Chocolate Milk</p>	<p><b>22</b></p> <p>Pancake &amp; Egg 100% Orange Juice Fresh Apple 1% White Milk Fat Free Chocolate Milk</p>	<p><b>23</b></p> <p>Cheerios Cereal 100% Orange Juice Fresh Banana 1% White Milk Fat Free Chocolate Milk</p>	<p><b>24</b></p> <p>Mini Chocolate Chip French Toast 100% Orange Juice Craisins, Cherry 1% White Milk Fat Free Chocolate Milk</p>
<p><b>27</b></p> <p>NO SCHOOL  STUDENT HOLIDAY</p>	<p><b>28</b></p> <p>Strawberry Cream Cheese Bagel 100% Orange Juice Fresh Orange 1% White Milk Fat Free Chocolate Milk</p>	<p><b>29</b></p> <p>Banana Muffin Top 100% Apple Juice Fresh Apple 1% White Milk Fat Free Chocolate Milk</p>	<p><b>30</b></p> <p>Mini Maple Pancakes 100% Orange Juice Fresh Banana 1% White Milk Fat Free Chocolate Milk</p>	<p><b>31</b></p> <p>Cinnamon Toast Crunch Cereal 100% Orange Juice Craisins, Cherry 1% White Milk Fat Free Chocolate Milk</p>

**ANNOUNCEMENTS**

**K - 12 BREAKFAST**

*(Meals vary based on availability and season)*



1% White & Fat Free Flavored Milk Offered Daily



This organization is an equal opportunity employer and provider.

# MAY 2024



**VALOR**  
SOUTH AUSTIN

**MON**      **TUE**      **WED**      **THU**      **FRI**

		<b>1</b> Bean & Cheese Taco Tomato Salsa Sweet Corn Fresh Apple 1% White Milk Fat Free Chocolate Milk	<b>2</b> Breaded Chicken Patty Crinkle Cut Carrots Pinto Beans Craisins, Cherry Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>3</b> WG Chicken Corn Dog Dragon Punch Veg Juice Baby Carrots Watermelon Applesauce 1% White Milk Fat Free Chocolate Milk
<b>6</b> Pepperoni Pizza Cheese Pizza California Blend Veggies Fruit Punch 100% Juice 1% White Milk Fat Free Chocolate Milk	<b>7</b> Chicken Fajita Taco Pinto Beans Tomato Salsa Craisins, Cherry Spanish Rice, WG 1% White Milk Fat Free Chocolate Milk	<b>8</b> Bosco Mozzarella Stick Marinara Sauce Sweet Corn Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk	<b>9</b> Chicken Tenders Steamed Broccoli Sweet Corn Fresh Orange 1% White Milk Fat Free Chocolate Milk	<b>10</b> EARLY RELEASE DAY  NO LUNCH
<b>13</b> Breaded Chicken Patty Steamed Broccoli Crinkle Cut Carrots Fruit Punch 100% Juice Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>14</b> Chicken Tacos Sweet Corn Tomato Salsa Craisins, Cherry 1% White Milk Fat Free Chocolate Milk	<b>15</b> Cheesy Nachos Mexican Chili Beans Jalapeño Peppers Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk	<b>16</b> Chicken Nuggets Green Beans Mashed Potatoes Fresh Orange 1% White Milk Fat Free Chocolate Milk	<b>17</b> Turkey Hot Dog Baby Carrots Dragon Punch Veg Juice Fresh Apple 1% White Milk Fat Free Chocolate Milk
<b>20</b> Chicken Tenders Steamed Broccoli Crinkle Cut Carrots Fruit Punch 100% Juice Dinner Roll 1% White Milk Fat Free Chocolate Milk	<b>21</b> Baked Mexican Macaroni Sweet Yellow Corn Craisins, Cherry 1% White Milk Fat Free Chocolate Milk	<b>22</b> Pepperoni Pizza Cheese Pizza California Blend Veggies Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk	<b>23</b> Breaded Chicken Patty Crinkle Cut Carrots Pinto Beans Fresh Orange Grains Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>24</b> WG Chicken Corn Dog Dragon Punch Veg Juice Baby Carrots Fresh Apple 1% White Milk Fat Free Chocolate Milk
<b>27</b> NO SCHOOL  STUDENT HOLIDAY	<b>28</b> Pepperoni Pizza Cheese Pizza Pinto Beans California Blend Veggies Craisins, Cherry 1% White Milk Fat Free Chocolate Milk	<b>29</b> Chicken Nuggets Mashed Potatoes Sweet Corn Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk	<b>30</b> Bosco Mozzarella Stick Steamed Broccoli Marinara Sauce Fresh Orange 1% White Milk Fat Free Chocolate Milk	<b>31</b> EARLY RELEASE DAY  NO LUNCH

## ANNOUNCEMENTS

### K - 8 LUNCH

*(Meals vary based on availability and season)*



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**DIWA**  
**KITCHEN CO**  
eat good. do good.

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# MAY 2024



**VALOR**  
SOUTH AUSTIN

**MON**      **TUE**      **WED**      **THU**      **FRI**

		<b>1</b> Bean & Cheese Taco Sweet Corn Tomato Salsa Fresh Apple 100% Apple Juice 1% White Milk Fat Free Chocolate Milk	<b>2</b> Breaded Chicken Patty Crinkle Cut Carrots Pinto Beans Craisins, Cherry 100% Apple Juice Brown Rice Dinner Roll 1% White Milk Fat Free Chocolate Milk	<b>3</b> WG Chicken Corn Dog Baby Carrots Dragon Punch Veg Juice Watermelon Applesauce 100% Apple Juice 1% White Milk Fat Free Chocolate Milk
<b>6</b> Pepperoni Pizza Cheese Pizza California Blend Veggies Fresh Orange 100% Apple Juice Goldfish Pretzels 1% White Milk Fat Free Chocolate Milk	<b>7</b> Chicken Fajita Tacos Pinto Beans Tomato Salsa Craisins, Cherry 100% Apple Juice Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>8</b> Bosco Mozzarella Stick Marinara Sauce Sweet Corn Tropical Fruit Cup 100% Apple Juice 1% White Milk Fat Free Chocolate Milk Mozzarella Cheese Stick	<b>9</b> Chicken Tenders Sweet Corn Steamed Broccoli Fresh Orange 100% Apple Juice Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>10</b>  EARLY RELEASE DAY  NO LUNCH
<b>13</b> Breaded Chicken Patty Steamed Broccoli Crinkle Cut Carrots Fruit Punch 100% Juice Fresh Orange Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>14</b> Chicken Tacos Tomato Salsa Sweet Corn Craisins, Cherry Fresh Apple Spanish Rice, WG 1% White Milk Fat Free Chocolate Milk	<b>15</b> Cheesy Vegetarian Nachos Mexican Chili Beans Jalapeño Peppers Tropical Fruit Cup Fruit Punch 100% Juice 1% White Milk Fat Free Chocolate Milk	<b>16</b> Chicken Nuggets Cut Green Beans Mashed Potatoes Craisins, Cherry Fresh Orange Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>17</b> Turkey Hot Dog Dragon Punch Veg Juice Baby Carrots Fresh Apple Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk
<b>20</b> Chicken Tenders Steamed Broccoli Crinkle Cut Carrots Fruit Punch 100% Juice Fresh Orange Dinner Roll 1% White Milk Fat Free Chocolate Milk	<b>21</b> Baked Mexican Macaroni Sweet Corn Craisins, Cherry Fresh Apple 1% White Milk Fat Free Chocolate Milk	<b>22</b> Pepperoni Pizza Cheese Pizza California Blend Veggies Fruit Punch 100% Juice Tropical Fruit Cup Brown Rice 1% White Milk Fat Free Chocolate Milk Cheddar Cheese Stick	<b>23</b> Breaded Chicken Patty Pinto Beans Crinkle Cut Carrots Craisins, Cherry Fresh Orange Brown Rice 1% White Milk Fat Free Chocolate Milk	<b>24</b> WG Chicken Corn Dog Dragon Punch Veg Juice Baby Carrots Fresh Apple Tropical Fruit Cup 1% White Milk Fat Free Chocolate Milk
<b>27</b>  NO SCHOOL  STUDENT HOLIDAY	<b>28</b> Cheese Pizza Pepperoni Pizza Pinto Beans California Blend Veggies Craisins, Cherry 100% Apple Juice 1% White Milk Fat Free Chocolate Milk	<b>29</b> Chicken Nuggets Mashed Potatoes Crinkle Cut Carrots 100% Apple Juice Tropical Fruit Cup Dinner Roll 1% White Milk Fat Free Chocolate Milk	<b>30</b> Bosco Mozzarella Stick Marinara Sauce Steamed Broccoli 100% Apple Juice Fresh Orange 1% White Milk Fat Free Chocolate Milk Cheddar Cheese Stick	<b>31</b>  EARLY RELEASE DAY  NO LUNCH

## ANNOUNCEMENTS

### 9 - 12 LUNCH

*(Meals vary based on availability and season)*



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